


Lunch Menu

2024



		1 Macaroni & Cheese 2oz(M/MA)Cheese, 6oz(GR)Pasta, 8oz(VEG)Green Beans, 4oz(FR)Apples, 8oz(Dairy) Milk		2 Grilled Ham & Cheese Sandwich w/ cup of Soup 3oz(M/MA)Ham/Cheese, 2oz(GR)WGBread,8oz(VEG)Baby Carrots,4oz(FR)Peaches, 8oz(Dairy)Milk	
5 Steak & Cheese Sub 3oz(M/MA) 2ozShaved Steak, 1oz Cheese, 2oz(GR)Sub Roll, 8oz (VEG)6ozPotato Puffs, 2ozGrilled Peppers & Onions, 4oz(FR) Pears, 8oz(Dairy) Milk	6 Northeast Famous Bowl 3oz(M/MA)Popcorn Chicken, 4oz(VEG)Mashed Potatoes, 4oz(VEG)Corn, 2oz(GR)Dinner Roll, 4oz(FR)Oranges, 8oz(Dairy)Milk	7 Lazy Man Lasagna 2oz(M/MA)Hamburg,4oz(GR) Pasta,4oz(VEG)Marinara Sauce,4oz(VEG)Garden Salad & Parmesan Cheese,4oz(FR)Peaches, 8oz(Dairy)Milk	8 Chicken Fried Rice 2oz(M/MA)Chicken, 4oz(GR) Ricel, 8oz(VEG)Eggroll/Peas/Carrots, 4oz (FR)Apples, 8oz(Dairy)Milk	9 Beef Picadillo over Rice 2oz(M/MA)Beef, 2oz(VEG)Tomatoes, 6oz(VEG)Celery Sticks,4oz(GR)WG Rice,4oz(FR)Mixed Fruit, 8oz(Dairy)Milk	
12 Hot Dogs 2oz(M/MA) Hot Dogs, 2.5oz(GR)Rolls, 4oz(VEG)Cole Slaw, 4oz(VEG)Fries, 4oz(FR)Apples, 8oz(Dairy)Milk	13 Spicy or Regular Chicken Patty on a Roll 3oz (M/MA) Chicken Patty, 2.5oz (GR) WG Roll, 8oz (VEG) Seasoned Wedge Fries, 4oz (FR)Pears, 8oz (Dairy) Milk	14 Spaghetti & Meatballs 2oz(M/MA)Meatballs, 4oz(GR) Pasta, 4oz(VEG)Marinara Sauce, 4oz(VEG)Garden Salad, 4oz(FR) Mixed Fruit, 8oz(Dairy) Milk 	15 *Cilantro-Lime Rice Bowl* 3oz (M/MA) Chicken, 4oz (GR) Rice, 8oz (VEG) Corn Salsa/Pico de Gallo, 4oz (FR) Peaches, 8oz (Dairy) Milk	16 Beef Stir Fry 2oz(M/MA) Beef, 4oz(GR)Rice, 8oz(VEG)Broccoli/Carrots, 4oz (FR)Oranges, 8oz (Dairy) Milk	
19	20	21	22	23	



26 Chicken Alfredo 2oz(M/MA)Chicken, 4oz(GR) Pasta, 4oz(VEG) Broccoli, 4oz (VEG)Baby Carrots, 4oz(FR) Oranges, 8oz(Dairy) Milk	27 Beef & Cheese Sub 3oz(M/MA)2 ozHamburg, 1oz Cheese, 2oz(GR)Sub Roll, 8oz (VEG)Potato Puffs, 4oz(FR) Pears, 8oz(Dairy)Milk	28 Pasta & Chicken Parm 2oz(M/MA)Chicken, 4oz(GR) Pasta, 4oz(VEG)Marinara Sauce, 4oz(VEG)Garden Salad, 4oz(FR)Peaches, 8oz(Dairy)Milk	29 BBQ Pulled Pork Sandwich 3oz (M/MA) Pork 2.5oz (GR) WG Roll, 8oz (VEG) Seasoned Wedge Fries, 4oz (FR)Mixed Fruit, 8oz (Dairy) Milk	1 Macaroni & Cheese 2oz(M/MA)Cheese, 6oz(GR)Pasta, 8oz(VEG)Green Beans, 4oz(FR)Apples, 8oz(Dairy) Milk	
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<p>Daily Vegetarian Options</p> <p>Garden Salad 8oz (VEG) Lettuce,3oz(M/MA)Feta/Mozzarella/C heddar, 4oz (FR) Daily Fruit, 2oz (GR) Flatbread, 8oz (Dairy) Milk (Other NON Vegetarian option salads may include 3oz (M/MA)Grilled Chicken)</p> <p>Assorted Pizza 2oz (M/MA)Cheese, 2 oz.(VEG) Pizza Sauce, 2oz (GR) Flatbread, 6oz(VEG) Garden Salad, 4oz (FR) Pears, 8oz (Dairy) Milk (Other NON Vegetarian option Pizzas MAY include Pepperoni, Meat Lovers, Hamburg 2 oz.(M/MA) Sunbutter and Jelly Sandwich 2oz (M/MA) Sunbutter, 4oz (FR) Daily Fruit, 2oz (GR) Pullman Bread, 8oz (Dairy) Milk Hummus & Pita Chips 2oz (M/MA)Cheese, 4 oz (Veg) Hummus & Baby Carrots,4oz (FR) Daily Fruit, 2oz (GR) Pita Chips, 8oz (Dairy) Milk Cheeseburger on a Bun (Line#3) 4oz (M/MA) Burger/Cheese, 2oz (GR) Rolls, 8oz (VEG)Daily Veg, 4oz (FR) Mixed Fruit, 8oz (Dairy) Milk Crunchy or Soft Tacos (Line #3) 2oz(M/MA)Seasoned Beef,1oz(M/MA)Cheese,4oz(Veg)(2o z)Shredded Lettuce, (2oz)Tomatoes,4oz(GR)Hard/Soft Shells,4oz (VEG)Salsa Sandwiches Made to Order (Line #4) 2oz (M/MA)Turkey/Ham/Bologna/Salami 1oz Cheese, 4oz (FR) Daily Fruit, 2oz (GR) Pullman Bread, 8oz (Dairy) Milk *NEW MENU ITEM*</p> 
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Breakfast Menu

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Cafeteria Signature Flavor or Strawberry-Banana or Pineapple-Mango

4oz Fruit, 4 oz Protein, 2oz Grain, 8 oz (VEG) Daily Vegetable, 4oz (FR) Juice, 8oz (Dairy) Milk

Assorted Cereals

2oz (GR) Cereal, 8 oz (VEG) Daily Vegetable, 4oz (FR) Juice, 8oz (Dairy) Milk

Ham/Sausage Egg & Cheese Sandwich

2 oz (GR) Bagel, 1.5 oz (M/MA) Ham/Sausage, 8 oz (VEG) Daily Vegetable, 4oz (FR) Juice, 8oz (Dairy) Milk

Blueberry/ Chocolate Chip Muffin

2 oz (GR) Muffin, 8 oz (VEG) Daily Vegetable, 4oz (FR) Juice, 8oz (Dairy) Milk

Pancakes

2 oz (GR) Pancakes, 8 oz (VEG) Daily Vegetable, 4oz (FR) Juice, 8oz (Dairy) Milk

Cinnamon Roll

2 oz (GR) Cinn. Roll, 8 oz (VEG) Daily Vegetable, 4oz (FR) Juice, 8oz (Dairy) Milk

French Toast

2 oz (GR) French Toast Sticks, 8 oz (VEG) Daily Vegetable, 4oz (FR) Juice, 8oz (Dairy) Milk

Yogurt with Granola

2.75 oz (GR) Yogurt/Granola, 8 oz (VEG) Daily Vegetable, 4oz (FR) Juice, 8oz (Dairy) Milk

Enjoy your Vacation

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HELLO February

