



5			6			7			8			9		
Hot Dogs 2oz(M/MA) Hot Dogs, 2.5oz(GR)Rolls, 4oz(VEG)Cole Slaw, 4oz(VEG)Fries, 4oz(FR)Apple Slices, 8oz(Dairy)Milk			Chicken Alfredo 2oz (M/MA) Chicken, 4oz (GR) Pasta, 4oz (VEG) Broccoli, 4oz (VEG) Garden Salad, 4oz (FR) Mixed Fruit, 8oz (Dairy) Milk			Spaghetti & Meatballs 2oz (M/MA) Meatballs, 4oz (GR) Pasta, 4oz (VEG) Marinara Sauce, 4oz (VEG) Garden Salad, 4oz (FR) Pears, 8oz (Dairy) Milk			Spicy or Regular Chicken Patty on a Roll 3oz (M/MA) Chicken Patty, 2.5oz (GR) WG Roll, 8oz (VEG) Fries, 4oz (FR) Peaches, 8oz (Dairy) Milk			Grilled Cheese/Ham & Cheese Sandwich 3oz(M/MA)Ham/Cheese, 2oz(GR)WGBread, 6 oz Pasta Salad,8oz(VEG)Broccoli,,4oz(FR)Oranges, 8oz(Dairy)Milk		
12			13			14			15			16		
Macaroni & Cheese 2oz (M/MA) Cheese, 6oz (GR) Pasta, 8oz (VEG) Green Beans, 4oz (FR)Peaches, 8oz (Dairy) Milk			Southwest Chicken & Rice Bowl 3oz(M/MA)Chicken, 4oz(GR)Rice, 8oz(VEG)Beans, 4oz(FR)Pears, 8oz(Dairy)Milk			Lazy Man Lasagna 2oz(M/MA)Hamburg,4oz(GR) Pasta,8oz(VEG)Caesar Salad,Parmesan Cheese,4oz(FR)Mixed Fruit, 8oz(Dairy)Milk			Northeast Famous Bowl 3oz(M/MA) Popcorn Chicken, 4oz(VEG) Mashed Potatoes, 4oz(VEG) Corn, 2oz(GR) Dinner Roll, 4oz(FR)Apples, 8oz(Dairy)Milk			Meatball Sub 3oz (M/MA) Meatballs, 2.5oz (GR) WG Roll, 8oz (VEG) Marinara Sauce/Carrots, 4oz (FR) Oranges, 8oz (Dairy) Milk		

Other Daily Options
Garden Salad 8oz (VEG) Lettuce,3oz(M/MA)Feta/Mozzarella/Cheeddar, 4oz (FR) Daily Fruit, 2oz (GR) Flatbread, 8oz (Dairy) Milk (Other NON Vegetarian option salads may include 3oz (M/MA)Grilled Chicken)
Assorted Pizza 2oz (M/MA)Cheese, 2 oz.(VEG) Pizza Sauce, 2oz (GR) Flatbread, 6oz(VEG) Garden Salad, 4oz (FR) Pears, 8oz (Dairy) Milk (Other NON Vegetarian option Pizzas MAY include Pepperoni, Meat Lovers, Hamburg 2 oz.(M/MA)
Sunbutter and Jelly Sandwich 2oz (M/MA) Sunbutter, 4oz (FR) Daily Fruit, 2oz (GR) Pullman Bread, 8oz (Dairy) Milk Hummus & Pita Chips 2oz (M/MA)Cheese, 4 oz (Veg) Hummus & Baby Carrots,4oz (FR) Daily Fruit, 2oz (GR) Pita Chips, 8oz (Dairy) Milk
Cheeseburger on a Bun 4oz (M/MA) Burger/Cheese, 2oz (GR) Rolls, 8oz (VEG)Daily Veg, 4oz (FR) Mixed Fruit, 8oz (Dairy) Milk
Taco Line(Line #3) 2oz(M/MA)Seasoned Beef,1oz(M/MA)Cheese,4oz(Veg)(2oz)Shredded Lettuce, (2oz)Tomatoes,4oz(GR)Hard/Soft Shells,4oz (VEG)Salsa
Sandwiches Made to Order (Line #4) 2oz (M/MA)Turkey/Ham/Bologna/Salami 1oz Cheese, 4oz (FR) Daily Fruit, 2oz (GR) Pullman Bread, 8oz (Dairy) Milk



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1.mail:U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2.fax:(833) 256-1665 or (202) 690-7442; or 3.email:Program.Intake@usda.gov

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June 1st-16th, 2023

Assorted Cereal

2oz (GR) Cereal, 8 oz (VEG) Daily Vegetable, 4oz (FR) Juice, 8oz (Dairy) Milk

Ham/Sausage Egg & Cheese Sandwich

2 oz (GR) Bagel, 1.5 oz (M/MA) Ham/Sausage, 8 oz (VEG) Daily Vegetable, 4oz (FR) Juice, 8oz (Dairy) Milk

Blueberry/ Chocolate Chip Muffin

2 oz (GR) Muffin, 8 oz (VEG) Daily Vegetable, 4oz (FR) Juice, 8oz (Dairy) Milk

Pancakes

2 oz (GR) Pancakes, 8 oz (VEG) Daily Vegetable, 4oz (FR) Juice, 8oz (Dairy) Milk

Cinnamon Roll

2 oz (GR) Cinn. Roll, 8 oz (VEG) Daily Vegetable, 4oz (FR) Juice, 8oz (Dairy) Milk

French Toast

2 oz (GR) French Toast Sticks, 8 oz (VEG) Daily Vegetable, 4oz (FR) Juice, 8oz (Dairy) Milk

Yogurt with Granola

2.75 oz (GR) Yogurt/Granola, 8 oz (VEG) Daily Vegetable, 4oz (FR) Juice, 8oz (Dairy) Milk



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