

Assessment to Wellness Policy 2015-2016

- BMI Data for district:
 - Customized letter to parent or guardian
 - BMI reports of Grade 10 students
 - 2015-16 Report

	Males	Females
Underweight	2	0
Healthy Weight	93	67
Overweight	30	20
Obese	57	37
ENROLLMENT	182	124

21 students decide to opt out of survey

52% of Northeast students currently on Free or reduced lunch

Student Alert List finds 75 students with allergies that require an EpiPen.

Students allergies are listed in nurse's office with data.

Northeast before school/after school program provides students' with options for physical fitness and nutrition.

- **Cross fit**
- **Intro to weight training**
- **Healthy eating**